



# The Toothbrush Designed for Toothpick method

Prevention & Treatment of Periodontal disease



## V7 Regular head

(7-Vshaped bristles)  
Medium / Soft Bristles  
Bristle Length: 11.0mm



## V7 Compact head

(5-Vshaped bristles)  
Medium Bristles  
Bristle Length: 11.5mm



## Toothbrushing using the Toothpick method



From the labial side



From the lingual side



From the buccal side



From the palatal side

## 2-row and V-shaped bristles

- Suited to brushing interdental spaces.
- V7 bristles are designed to penetrate between the teeth to remove plaque and massage gums of interdental spaces.



## Special cap

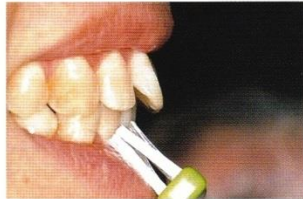
- Using the cap can keep the bristles V-shaped condition.
- Put the cap after dehydrating from bristles as much as possible.



# p.m.j V-7 Toothbrush

For effective plaque removal and gingival massage  
2-row and V shaped bristles  
suited to brushing interdental spaces

## The Toothpick Method • • • To clean and massage interdental spaces



Put one of the rows on the gingival margin toward the crown at a 30 degree angle.

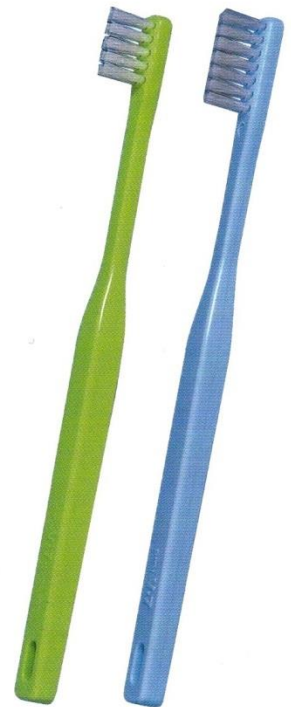


Move the bristles into the interdental spaces.

Press the bristles into the interdental spaces like toothpicking and pull out.



Photos show the bristles passing through the interdental spaces.

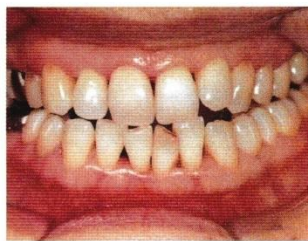


## The effect of Toothpick method on marginal periodontitis with p.m.j V-7 Toothbrush



←  
Oral status of 48-age woman  
[Subjective symptoms]  
• gingival swelling  
• pus discharging  
• gingival bleeding  
• malodor

**The First Visit**



←  
She has only received the instruction how to brush interdental spaces. (Toothpick method with p.m.j V-7 brush)  
[Improved gingival condition]  
• no bleeding or pus discharging  
• refreshed feeling  
• without malodor

**One Month After**

Toothbrushing using the Toothpick method was found to remove significantly more plaque from proximal tooth surfaces than brushing using the Bass method\*. It was also demonstrated that the Toothpick method provides added benefits resulting from gingival massage\*\*.

\* J Clin Periodontol 1998;25:829-831.

\*\* J Dent Hlth 1997;47:158-163.

Photographs : Department of Preventive Dentistry, Okayama University Dental School, Okayama, Japan

